

# **The Angelic Exercises:**

## **A Litany to God Written for and Prayed by St. Rose of Lima**

Lord, have mercy on us.  
Jesus Christ, have mercy on us.  
Lord, have mercy on us.  
Jesus Christ, hear us.  
Jesus Christ, graciously hear us.  
God the Heavenly Father, have mercy on us.  
God the Son, Redeemer of the world, have mercy on us.  
God the Holy Spirit, have mercy on us.  
Holy Trinity, One God, have mercy on us.

O God, Thou Who art:  
God, pure Spirit.  
Simple God.  
Immortal God.  
Perfect God.  
Infinite God.  
God, dependent on nothing.  
God, with infinite understanding.  
God, without deficiency.  
Most high God.  
Most loving God.  
Glory to the Father, and to the Son, and to the Holy Ghost,  
as it was in the beginning, is now, and ever shall be, world without end.

One God.  
True God.  
God of Truth.  
Faithful God.  
Good God.  
Beautiful God.  
Great Lord God.  
Living God.  
God of Light.  
God Who enlightenest.  
Glory to the Father, and to the Son, and to the Holy Ghost,  
as it was in the beginning, is now, and ever shall be, world without end.

Peaceful God.  
Long-suffering God.  
Merciful God.  
Approachable God.  
Generous God.  
Patient God.  
Clement God.  
Gentle God.

God of mildness.

Glory to the Father, and to the Son, and to the Holy Ghost,  
as it was in the beginning, is now, and ever shall be, world without end.

Immense God.

Unchangeable God.

Eternal God.

Invisible God.

Incomprehensible God.

Ineffable God.

All-powerful God.

Wise God.

Glorious God.

Holy God.

Glory to the Father, and to the Son, and to the Holy Ghost,  
as it was in the beginning, is now, and ever shall be, world without end.

God Who revealest profound things.

Jealous God.

God of justice.

God Who speakest justice.

Righteous God.

Avenging God.

Terrible God.

God the Strong.

Magnificent God.

God of Hosts.

Glory to the Father, and to the Son, and to the Holy Ghost,  
as it was in the beginning, is now, and ever shall be, world without end.

Unerring God.

Sweet God.

Incomparable God.

Pure God.

Great God.

Highest God.

Sublime God.

God Who possessest all.

Savior God.

God of meekness.

Glory to the Father, and to the Son, and to the Holy Ghost,  
as it was in the beginning, is now, and ever shall be, world without end.

God, Creator of all.

God Who holdest all things in being.

Provident God.

God Who rulest all things.

God, my guard and defense.

God, the Lawgiver.

God Who justifiest.

God Who glorifiest.

God, King of all ages.  
God Who dwellest in light inaccessible.  
Glory to the Father, and to the Son, and to the Holy Ghost,  
as it was in the beginning, is now, and ever shall be, world without end.

Father God.  
Unbegotten God.  
God, principle of deity.  
God from Whom everything receiveth being.  
God, life for those who know Thee.  
God, beyond all praising.  
Most merciful God.  
God Who punishest the sins of fathers in the children.  
God Who knowest the secrets of the heart.  
God, seated upon the Cherubim.  
Glory to the Father, and to the Son, and to the Holy Ghost,  
as it was in the beginning, is now, and ever shall be, world without end.

True God and True Man.  
Jesus, God.  
God, son of the Virgin.  
God, spotless Lamb.  
God, Good Shepherd.  
God, true life.  
God, seed of the Lord.  
God, gate of heaven.  
God, life of heaven.  
God, our Life.  
Glory to the Father, and to the Son, and to the Holy Ghost,  
as it was in the beginning, is now, and ever shall be, world without end.

God our Redeemer.  
God, worthy of admiration.  
God, the Counselor.  
God, Father of the Age to Come.  
God Who rulest in Israel.  
God Who sittest at the right hand of the Father.  
God, living bread.  
God, bread of angels.  
God, true bread from heaven.  
God, viaticum for pilgrims.  
Glory to the Father, and to the Son, and to the Holy Ghost,  
as it was in the beginning, is now, and ever shall be, world without end.

God, Holy Spirit, the Paraclete,  
God, Spirit of Truth,  
God, the artist of souls,  
God, lover of holy thoughts.  
God Who inspirest the prophets.  
God, doctor of the apostles.  
God, comforter of martyrs,

God Who purifiest virgins,  
God, teacher of all the saints.  
Glory to the Father, and to the Son, and to the Holy Ghost,  
as it was in the beginning, is now, and ever shall be, world without end.

God of eternal majesty.  
God, the blessed.  
God, blessing to all.  
God, father of orphans.  
God Who hearest our cries.  
God, comforter of the faint-hearted.  
God, our protector.  
God, in Whom we live.  
God Who dwellest in the heavens.  
God Who seest the humble.  
Glory to the Father, and to the Son, and to the Holy Ghost,  
as it was in the beginning, is now, and ever shall be, world without end.

God the Son,  
God, only begotten of the Father,  
God, wisdom of the Father,  
God, divine Word,  
God, image of the Father,  
God, splendor of glory.  
God, innocence of eternal light.  
God through Whom all things exist.  
God, King of kings.  
God, beginning and end of all.  
Glory to the Father, and to the Son, and to the Holy Ghost,  
as it was in the beginning, is now, and ever shall be, world without end.

God, long-expected.  
God, prince of peace.  
God, the cornerstone.  
God, judge of the living and the dead.  
God, Adonai.  
God, root of Jesse.  
God, key of David.  
God, the dayspring,  
God, architect of all.  
Glory to the Father, and to the Son, and to the Holy Ghost,  
as it was in the beginning, is now, and ever shall be, world without end.

God, the Holy Spirit,  
God Who proceedest from the Father and the Son.  
God, gift of God Most High.  
God, in whom everything is sanctified.  
God, fire and charity.  
God, spiritual unction.  
God, sweet guest of the soul.  
God, sweet refreshment.

God, consolation to those who weep.  
God, temperance of the fiery.  
Glory to the Father, and to the Son, and to the Holy Ghost,  
as it was in the beginning, is now, and ever shall be, world without end.

Be merciful and forgive us, Lord.  
Be merciful and hear us, Lord.  
From all evil, deliver us, Lord.  
From every sin, deliver us, Lord. From the illusions and temptations of the devil, deliver us, Lord.

Through the immense goodness through which Thou didst desire us to know Thee,  
Through the infinite charity with which Thou gavest us Thy Only Begotten Son,  
Through the intercession of the Blessed Virgin Mary and Thy Saints,  
We sinners beg Thee to hear us.

Mayest Thou deign to grant us true contrition and pardon of our sins.  
Mayest Thou infuse in our souls perfect and solid virtues.  
Mayest Thou help our Supreme Pontiff, the ecclesiastical princes, and all the Christian people.  
Mayest Thou destroy all heresy and superstition.  
Mayest Thou deign to grant eternal rest to all the faithful departed. God, Trinity and One, pardon us, Lord.

God, Trinity and One, hear us, Lord.  
God, Trinity and One, have mercy on us.  
Let us bless the Father, and the Son, and the Holy Spirit.  
Let us praise and exalt Him for all ages.

Let us pray: All-powerful and ever-living God, Who didst deign to reveal the glory of Thy eternal Trinity to Thy servants in the confession of the true Faith, and Who didst desire that the unity of Thy august Majesty be adored, we beg Thee, Lord, that through the firmness of this same faith we may be always freed from every kind of adversity and danger. Through Jesus Christ our Lord. Amen.