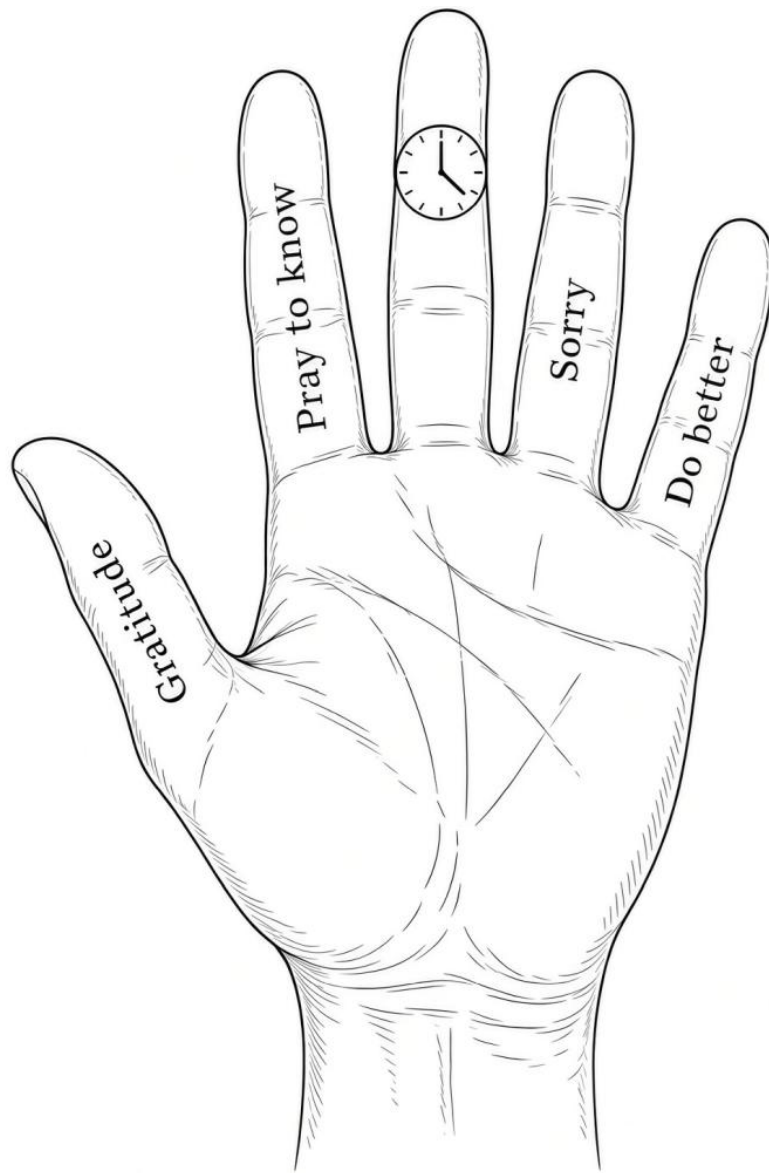




Thumb: Thank God for all of His graces

Index Finger: Pray to God for help to know all the ways you've fallen short

Middle Finger: Go over your day and remember the ways you've fallen short and could have done better

Ring Finger: Apologize to God and ask forgiveness for your sins

Pinky Finger: Promise to do better. Think of ways to avoid sinning in the same way.